

## Lunch Menu - Two

	Snack Am	Lunch
Monday	Malt loaf with butter	Bread sticks with mint yogurt dip  Egg and ham salad and new potatoes
Tuesday	Cornflakes with whole milk	Salmon pate on toast Lamb casserole with mash potato <b>Vegetable casserole with mash potato (V)</b>
Wednesday	Wholemeal toast with cream cheese	Cheese and Onion mini quiches Tomato and vegetable penne pasta (V)
Thursday	Toasted muffin with butter and marmite	Cheese Straws <b>Chicken and veg crumble with mash</b> <b>Vegetable Crumble (V)</b>
Friday	Weetabix with whole milk	Oatcake with butter and carrot Fish pie lasagne with peas <b>Vegetable lasagne (V)</b>
	<b>Milk/ water</b>	<b>Water</b>

Tina prepares all dishes on site and ensures every child's dietary requirements are met, Tina works hard to ensure the menus are balanced, tasty and nutritious for all the children at the setting. Tina also includes home grown produce from our Nursery garden that the children help grow.

## Afternoon Tea - Two

	Snack Pm	Tea
Monday	Cracker bread with soft cheese and cucumber	Cowboy Hotpot <b>Fresh fruit salad</b>
Tuesday	Fruit loaf with butter and fruit	Cheese and bacon turn overs with green salad  Cheese turnovers <b>Peaches and custard</b>
Wednesday	Rice cakes with banana slices	Tuna and cucumber sandwiches  <b>Carrot cake</b>
Thursday	Breadsticks with minted pea dip	Jacket potatoes with mixed fillings <b>Fruit wedges with Greek yogurt</b>
Friday	Fruit bowl	Scone based peperoni pizza  <b>Raspberry cranachan</b>
	<b>Milk/ water</b>	<b>Water</b>

## Seasonal Ingredients

- Lamb
- New potatoes
- Spinach
- Spring onions
- Strawberries
- Tomatoes
- Watercress
- Broccoli
- Carrots
- Chickpeas
- Carrots
- Blueberries
- Courgettes
- Lettuce