

Lunch Menu - Two

	Snack Am	Lunch
Monday	Malt loaf with butter	Bread sticks with mint yogurt dip Egg and ham salad + new potatoes
Tuesday	Cornflakes with whole milk	Salmon pate on toast Lamb casserole + mashed potatoes Vegetable casserole with mashed potatoes (V)
Wednesday	Wholemeal toast with cream cheese	Cheese and Onion mini quiches Tomato and vegetable penne pasta (V)
Thursday	Toasted muffin with butter and marmite	Cheese Straws Chicken and veg crumble with mashed potatoes Vegetable Crumble (V)
Friday	Weetabix with whole milk	Oatcake with butter and carrot Fish pie lasagne with peas Vegetable lasagne (V)
Milk/ water		Water

Afternoon Tea - Two

	Snack Pm	Tea
Monday	Cracker bread with soft cheese and cucumber	Cowboy Hotpot Fresh fruit salad
Tuesday	Fruit loaf with butter and fruit	Cheese and bacon turnovers with green salad Cheese turnovers Peaches and custard
Wednesday	Rice cakes with banana slices	Tuna and cucumber sandwiches Carrot cake
Thursday	Breadsticks with minted pea dip	Jacket potatoes with mixed fillings Fruit wedges with Greek yogurt
Friday	Fruit bowl	Scone based pepperoni pizza Raspberry cranachan
Milk/ water		Water

Tina prepares all dishes on site and ensures every child's dietary requirements are met, Tina works hard to ensure the menus are balanced, tasty and nutritious for all the children at the setting. Tina also includes home grown produce from our Nursery garden that the children help grow.

Seasonal Ingredients

- Lamb
- New potatoes
- Spinach
- Spring onions
- Strawberries
- Tomatoes
- Watercress
- Broccoli
- Carrots
- Chickpeas
- Carrots
- Blueberries
- Courgettes
- Lettuce